Biofeedback



Special Libraries Association Biomedical and Life Sciences Division

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Due to the combination of two issues coinciding with the transfer of leadership, in this issue we present, first, Nalini Mahajan's farewell message as DBIO chair, followed by Cindy Sheffield's first message as our chair:

Message from the Chair Nalini Mahajan

Sitting near a window, watching the snow-covered peaks of Dhauladhar (Dharamsala, India), sipping a cup of tea, I am getting a bit sentimental ... It's been difficult for me to write this Farewell Message as I have put it off until the last possible moment. I am overwhelmed with the recollection of many friends that I have made and of the happy times we have spent together during my three-decade association with SLA.

I have to admit it has been an absolute pleasure serving DBIO over the past several years – as a board member and, most recently, as the Board Chair. What better way to meet and collaborate with the best in our field, share the skills, knowledge and experience, network and have substantive conversations, or just sit and chat with old friends with a glass of wine? It has been a challenging, yet exciting path for me, and I have enjoyed every minute of it. There have been many positive outcomes and experiences, but the most rewarding times are when I receive a phone call or an email from a colleague or just a word of encouragement from another member.

To those of you who sent questions, comments, suggestions or compliments, I appreciate you taking the time to share your thoughts.

Few people ever get the wonderful opportunity to experience the support of teammates and friends. I was very fortunate to be a part of a team who helped me navigate in a way that benefited our organization and increased my network of new friends and colleagues. Recently I happened to come across an interesting article from Joshua Freedman, CEO at Six Seconds about TEAM WORK which reminded me of all of you and what we gained from each other. I hope you enjoy it:

What does "teamwork" mean?

"So is a team about Harmony or Synergy? Are they mutually exclusive? suspect not. In our Vital Signs Assessment, we measure five factors:

- Trust the underlying container of safety that permits sharing, risk-taking, openness
- Execution a shared focus on achieving together
- Change readiness to flex, adapt, innovate
- Teamwork exchanging perspective and information
- Motivation energy that comes from alignment around purpose.

My experience is that when these elements come together—especially when forged in a context of trust—a team can both row together, and make the messy splashes that open new potential." Source: http://www.6seconds.org/2013/07/16/what-does-teamwork-mean/

Working in this Division has been very rewarding and the most enjoyable professional experience of my life. I apologize if I did not get a chance to meet you in person or have a conversation with you at one of our virtual meetings or the annual conference. I am hoping that we will get to enjoy a cup of tea or a glass of wine in Baltimore, connect with each other, and reminisce about old times. I wish every one of you a happy, relaxing and successful summer, as we prepare for our Annual SLA DBIO 2018 meeting.

In a few days, I will pass the baton to a new Chair, who will lead our division through new challenges and do great things in the coming years for the members of our Division. Please welcome your incoming Chair Cynthia Sheffield and Chair-Elect Peggy Murphy as they take over next month. I feel honored and privileged to have worked with them: what a fantastic team! Nancy Curtis, Danielle Walker, and Gail Hendler will continue to dedicate their time and talents to the leadership of the Division. My heartfelt gratitude goes to our committee chairs, leaders and volunteers who work extremely hard behind the scenes in helping the division thrive. When in need, I could always count on them. Our Program Committee worked very hard to collaborate and join forces with other divisions, chapters and caucuses to attract members throughout SLA to participate in and contribute towards our programs. I am tremendously proud of our division and its contributions to SLA. I value the time we have spent together and encourage you to stay involved and support the new initiatives. Your involvement matters!

Looking at the snow-covered peaks of Dhauladhar, I am reminded of what Jennifer McDaniel wrote in her 2016 Message from the Chair, "Going forward, we are being asked to consider something new as we dig out and clear the pathways so we can move forward. I have no idea what paths we'll find as we clear away the snow. I expect that we will find new ones we hadn't considered and we will find that some old ones are no longer fit for use. In either case, we will move forward. We are a division of smart, brave and savvy information professionals who have things to do."

Thank you for giving me this opportunity to serve the Division and give back to members who have been my professional family since 1986.

Thank you! Thank you! Thank you!

Note: I wrote this article sitting in the veranda of my brother-in-law's house, sipping a cup of tea, and watching the snow covered peaks of Dhauladhar in Dharamsala, India (my birthplace) which is located in the foothills of the Himalayas. The picture was taken in Dharamsala (https://en.wikipedia.org/wiki/Dhauladhar)



Chair's Message

Cynthia Sheffield

appy New Year! First I'd like to thank Nalini for her leadership and support this past year and Ruth for all of her Program Planning efforts. It is not easy to coordinate efforts across widely different geographic regions. Thanks to Ruth's planning DBIO held very important and relevant programs at the Annual Conference in Phoenix. Secondly, I'd like to thank everyone for their time and service to the Division, for those who served last year, and for those who have committed to serve this year. This year's group of active volunteers includes:

- Peggy Murphy–Chair-Elect
- Danielle Walker–Secretary, Medical Section Chair; Membership Survey
- Gail Hendler–Director, Fund Development Chair
- Nancy Curtis–Treasurer
- Nalini Mahajan–Past-Chair; *Biofeedback* Photographer
- Neyda Gilman–Program Planning Chair, Nominations Chair
- Buzz Haughton–*Biofeedback*
- Lori Bronars-Biofeedback Committee
- Donna Gibson-Vendor Relations Chair
- Monica Kirkwood–Webmaster/Home Page Co-Chair
- Claudia Lascar-Home Page Content Manager/Home Page Co-Chair; Career G&E Chair
- Kristen Chapman–Membership Chair

2018 holds many new opportunities for DBIO! Neyda Gilman who has been our Membership Chair has been busy planning great programs for Baltimore. I'm sure she will be sharing items of note as we move closer to the Annual Conference. Danielle Walker is reconvening the Membership Survey Committee to finalize and share results with the DBIO at large. A Strategic Planning Committee will likely be formed early this year.

I encourage you to go to the DBIO webpage and learn more about each of these volunteers listed above, as well as other aspects of DBIO. We have openings on the Strategic Planning, Awards, and Membership Committees. If you are interested in serving on any of these, please a note. If you have other ideas for DBIO, I want to hear them too! Finally, as a native of Maryland, I look forward to welcoming you to Baltimore.

Cheers to a joyful and prosperous New Year!

More photos from the Phoenix SLA Conference

























Buzz Haughton, Editor

At the last DBIO board meeting, Chair Cynthia Sheffield convened an ad hoc committee to study the future of *Biofeedback*. The committee's members are: Lori Bronars, Neyda Gilman, Ruth Gustafson, Nalini Mahajan and Danielle Walker. With the assistance of the group, I have put together a SurveyMonkey questionnaire (mercifully brief!) to solicit members' opinions as to where *Biofeedback* should go in future.

Biofeedback began in the early 1970s as a print publication, went online-only about twenty years ago, and is otherwise pretty much the journal it started out as. Should it change? If it remains in its present state, what else, if anything, do we want it to cover? These and other questions are asked in the survey. You will be free to add written comments if you wish.

Here's the URL for the survey:

https://www.surveymonkey.com/r/Y9C-90CL

Thank you for doing this. We hope it will help us, the ad hoc committee, to design and tweak *Biofeedback* to fit your needs and make it something of use to all of you.

Please send your email comments to me. Thanks!

As part of Biofeedback's continuing series of minibiographies of some of the up-and-coming lights of DBIO, this issue we present:

Neyda V. Gilman

was born in Utah, about 40 miles west of Salt Lake City (hereinafter SLC), where I went to school from 3rd grade through high school. After high school I went to a small liberal arts college in Portland, Oregon for a year. I returned to SLC to finish out my bachelors education at the University of Utah, earning a degree in Medical Laboratory Science. I worked as a medical technologist in a variety of laboratories for about six years. The first of these positions was in the Molecular Infectious Disease laboratory at the large reference laboratory ARUP in SLC. After a couple of years, I returned to Portland and worked in a small molecular laboratory that worked primarily with pharmaceutical companies. Finally, I ended up in Cooperstown, NY at the local hospital, Bassett.

One of the reasons I moved around so much was that I would quickly get bored with the laboratory work. I loved the science and I enjoyed



learning the various assays, but the work soon became repetitive. I considered going into a research laboratory where there would still be repetitiveness, but I would be doing research and growing that way. It was my boy-friend who suggested librarianship to me, somewhat to my surprise. As I thought about it, I realized that there was a library in the hospital I worked at. I explored the idea more and learned that I could be a librarian that focused on the sciences. Once that realization hit, I wasted no time. I applied for an in-state program that didn't require the GRE (with a BS GPA over a certain level), quit my job, and moved to Buffalo, NY to attend the University at Buffalo.

As an MLS student, I had the opportunity to work in the campus health sciences library and at the local hospital. These experiences confirmed I had made the right decision. It was also as an MLS student in 2011 that I joined SLA and DBIO. I have stayed with DBIO throughout my career so far due to the people and opportunities to get involved.

In regards to what I do for fun—I love the outdoors including hiking, snowshoeing, camping, scuba diving, kayaking, skiing, gardening, etc. I also love anything that has to do with stories—movies, TV shows, podcasts, video games (Mass Effect trilogy is my favorite/obsession), and of course books. I am currently reading Carl Sagan's *The Demon-Haunted World: Science as a Candle in the Dark* (1995). I read a fair amount of non-fiction, but probably mostly read fiction, mostly sci-fi and fantasy. I just bought an old house, though, so currently most of my "fun" involves tearing something apart, cleaning or painting.

The longest trip I ever took was probably from SLC to Cape Town, South Africa. That trip involved a car, train, plane and bus—all of which I'm pretty sure I got sick on. Although I did once drive from OR to NY and then fly to Peru, which may be longer cumulatively?

As for work, I am currently the Nursing and Pharmacy Librarian at Binghamton University in Binghamton, NY. I have been here just over a year and am excited to be fulfilling my goal of being a health sciences/medical librarian. It took a few years, and I am grateful for the opportunities I had at my previous positions in Syracuse, NY and Fort Collins, CO. I think I'll stay here for a bit–I love the hills and the job.

And last but certainly not least for this issue:

Sally Gore

Where were you born? Where did you grow up (childhood-high school)?

was born in Fredericksburg, VA and grew up in Petersburg, VA. I graduated from Dinwiddie County Senior High School a good while ago. Go, Generals! I lived in Virginia and Kentucky for the first half of my life, Maine and Massachusetts the second. I'm a southerner in New England. Best of both worlds.

When did you decide you wanted to become a librarian? Where did you study to become a librarian?



I was finishing up my graduate degree in exercise physiology at Ithaca College (NY) and did an independent study examining why journal articles that addressed physical performance were titled in a biased way, i.e. if the study focused on performance in males, this wasn't specifically stated in the title, whereas if it was a study focusing on the performance of females, it was. In other words, the finding of research of males was generalizable, while the same for females was not. I found this really intriguing (and infuriating) and it led me down a path exploring cultural studies and, ultimately, linguistics. I soon realized that there was a connection, academically, between linguistics and information science. This took me on a personal field trip to Syracuse University where I learned that I could pursue this within their School of Information Science. Then I realized that I could become a librarian via that same path a whole lost faster than I could earn a doctorate. I'd already been in school a great deal of my life and thought, "I love the library. Maybe I should pursue that degree and get paid to be a librarian." And that's what I did. This was all about 15 years ago.

Approximately how long have you been a member of DBIO? What is your favorite DBIO-related memory?

I've only been a member of SLA and DBIO for a year or two. Working in an academic medical school, I've been involved with the Medical Library Association and its different outlets over the years. When I moved from working full-time in a library to full-time for a research center, I found the topics and people of SLA to be more relevant and helpful in my work. I attended my first SLA annual meeting last year in Phoenix and look forward to this year's meeting in Baltimore. I'm just beginning to make memories.

What type of reading do you do for pleasure?

My reading habits are all over the place. I used to read almost exclusively non-fiction, particularly memoirs and biographies (still favorite genres), but a few years ago, I decided to read more fiction. I was concerned that due to the nature of my work and the way we receive information today, i.e. lots of interruptions and lots of information overload, that my ability to concentrate on anything for very long was being challenged. I found that reading fiction – really digging in to a good novel – helped me reclaim some of my attention span. Now, I generally have several books going at once, making sure at least one is a novel.

Have you recently read a book, an article or a blog that you would recommend?

I'll cheat and say that just yesterday I read Tara Westover's debut book, a memoir entitled *Educated*. It's a fascinating story and she's a very gifted writer: She writes sentences as a painter paints pictures. In short, she grew up in a survivalist family in Idaho who distrusted the government and public education (and doctors, public utilities, insurance companies, you name it). Despite never attending school as a child, she taught herself enough English and math to pass the ACTs and get into Brigham Young University. From there she found fellowships at Harvard and, ultimately, earned a PhD from Cambridge in the UK. It's an absorbing modern-day story of personal perseverance and family relationships. I couldn't put it down. Shameless self-promotion: I recommend my own blog, A Librarian by Any Other Name (https://librarianhats.net).

What are some of your non-work interests?

I play the mandolin and guitar, I'm learning to write songs, I host a folk/Americana program on our community radio station, I have a studio where I dabble in all kinds of art, I read, I write, I maintain a Little Free Library, and I love to binge-watch British and Australian television shows. I'm fascinated by the creative process and creative people and recently launched a podcast called "Don't Quit Your Day Job" where I interview people about some of the interesting things that they do outside of their 9-to-5 work. One episode is up now and I've more in the works. As a plug for SLA, the idea for it came from something that my friend, Brandy King, once wrote on my Facebook page. She was commenting on how much she loves all of the things that I do away from work and I got to thinking that I knew others who do the same. I thought it would make for some good interviews and so ... I ran with it. You can find it in the iTunes store, on Google Play, and many other podcast outlets, or directly from the website: http://dontquit.libsyn.com.

Where did you travel to for your longest trip and from where?

I've driven across the United States on three separate occasions, all via different routes. I've visited all fortyeight states within the continental US and most of the eastern provinces of Canada. I've not traveled outside of North America in my lifetime, but I have plans to go to Scotland within the next year.

What is your position and where do you work?

I'm the Research Evaluation Analyst for the University of Massachusetts Center for Clinical and Translation Science at the UMass Medical School in Worcester, MA.

Internet Librarian 2017 ROI Magic Sauce: Communities, Collections, Collaboration

Nalini Mahajan



had the pleasure of attending the Internet Librarian, 2017 conference held in Monterey, CA, it was a great conference with a special focus on ROI. I loved the closing Keynote Panel: Future Focus. The panel was moderated by Jane Dysart, Illinois Program Chair, and was composed of:

- Misty Jones, Director, San Diego Public Library
- Bobbi Newman, Community Outreach & Engagement Specialist, National Network of Libraries of Medicine
- Gary Schaffer, Director, Library & Information Management Programs, University of Southern California
- Larry Magid, Technology Analyst, CBS News and Columnist, San Jose Mercury News and Forbes.com

Jane Dysart asked the panelists a series of questions (listed below):

- What in your past experience has influenced you to think about the future?
- Tell us about metrics.
- What combination of learning, technology and collaboration will spark innovation and creativity?
- Have you seen some interesting or exciting partnerships?
- What do you think will be most challenging for us in the next year or two and what do we need to deal with those challenges?

Last words?

Misty: Shove the library down people's throats so they understand what we are doing.

Gary: Shove it down with kindness, keep fighting the good fight, and don't get upset with people when they don't understand. Find something that makes the library relevant for them. Look for hooks of relevance.

Larry: Be thankful you are not in my business: 47% of the population thinks the media makes stuff up. Realize that what you do is critically important and you are more relevant than you have ever been. Make sure that the libraries are put forward as bastions of truth and light. Form alliances with anybody who will listen and understand the vital role that the library plans.

Bobbi: Libraries are powerful partners in your community. You are a big deal—act like it.

To see the edited transcript of the conversation, go to: http://www.libconf.com/2017/10/27/closing-keynote-panel-future-focus/

Doody's Collection Development Monthly (DCDM)



CDM Newsletter is a free e-mail service for alerting you to new eBooks and new editions of Doody's Core Titles (DCT) as well as valuable industry news and insights from health sciences librarians and publishers. Published every fourth Tuesday of the month, it includes both a website and a monthly e-mail newsletter

Here are some recent articles of interest available for free viewing on the Doody Core Titles website:

• Using Data to Support the Value of the Hospital Library

http://www.doody.com/dct/PublicFeaturedArticle.asp?SiteContentID=253

Elizabeth Laera, AHIP Medical Librarian, Brookwood Baptist Health, Birmingham, AL

• Please Follow Us: Tools and Tips for Getting the Most Out of Social Media

http://www.doody.com/dct/PublicFeaturedArticle.asp?SiteContentID=266&SID=%7b2CF5D954-97F4-4977-8543-D683E1FB92AF%7d

Rachel Helbing, MLIS, MS, AHIP Interim Director of Library Services for the Health Sciences, University of Houston Libraries Nha Huynh, MLIS Education Librarian, Texas Medical Center Library

A Review of Health Business Elite_

http://dcdm.doody.com/2018/03/a-review-of-health-business-elite

Elizabeth Mamo, MLS Library Director, Rochester Regional Health

To receive future issues of the DCDM Newsletter for free, please go to the registration page.

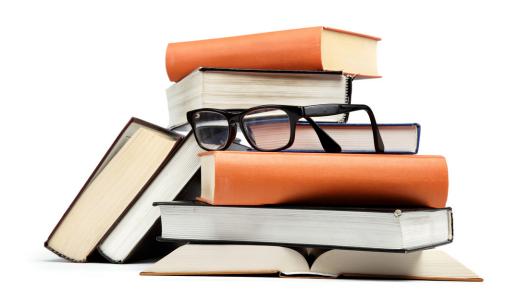
Buzz Haughton as the new Editor of *Biofeedback*

Nalini Mahajan

It is my pleasure to announce that Buzz Haughton has been appointed as the editor of the DBIO bulletin *Biofeedback*. The Editor is responsible for collecting, editing and publishing articles and notices of interest to the Division membership. Buzz has assumed his role as editor as of January 1, 2018. For further information, please go to the DBIO website. DBIO is very grateful to Buzz for his continued support to the newsletter. Congratulations, Buzz!

Biofeedback, our electronic-only newsletter, keeps you current with our division activities, members' publications, and highlights of our members' research and scholarly contributions to the field of special librarianship. I would like to thank the DBIO executive board and regular contributors for their continued support to *Biofeedback*. I encourage any DBIO member who is interested in the publication to get involved: It's a great way to give back to the association.

We welcome our members to write articles for publication in *Biofeedback*. Please reach out to Buzz via bxhaughton@ucdavis.edu to share ideas, inform your latest research, published papers, upcoming events, and to submit articles.



Member News

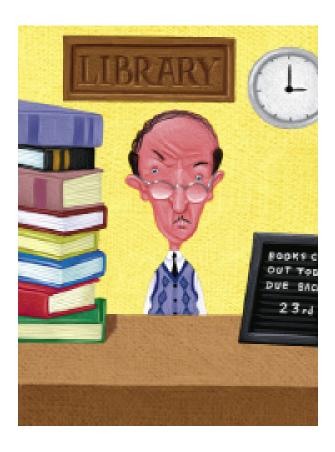
Lori Bronars

Ramune Kubilius, librarian at the Galter Health Sciences Library of Northwestern University presented two poster sessions twice this fall:

Kubilius, Ramune, Gutaman, Karen, and Corinne Miller. 2017. "Collaborating Within the Library: Bringing History and Impact to the Forefront." Poster presentation, Midwest Chapter/ Medical Library Association Annual Conference, Ypsilanti, MI, October 2017 and Health Science Librarians of Illinois Annual Conference, Bloomington, IL, October 2017. DOI: 10.18131/G3NX5XI

Kubilius, Ramune. "Medical Bookplates (Ex Libris) Continue to fascinate." Poster presentation, Midwest Chapter/Medical Library Association Annual Conference, Ypsilanti, MI, October 2017 and Health Science Librarians of Illinois Annual Conference, Bloomington, IL, October 2017. DOI: 10.18131/G3SM7T

Lori Bronars co-curated a media wall exhibit, "Economics at Yale: Understanding and Changing the World." The exhibit is on display at the Center for Science and Social Science Information, Yale University, November 2017–April 2018 and will be online after that at http://csssi.yale.edu/exhibits.



Executive Board 2018 Biomedical and Life Sciences Division

Chair: Cynthia Sheffield cynthia.sheffield@nih.gov

Chair-Elect: Peggy Murphy pemurphy@luriechildrens.org

Secretary: Danielle Walker danielle.walker@nih.gov

Director: Gail Hendler (2017-2018)

ghendler@luc.edu

Treasurer: Nancy Curtis (2017-2018)

ncurtis@maine.edu

Past Chair: Nalini Mahajan nalini.mahajan@nm.org

For a complete list of current board and committee members, see the Division Website at: http://dbiosla.org/inside/officers/officers.html

Biofeedback

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