

# Biofeedback



Special Libraries Association  
Biomedical and Life Sciences Community

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### President's Message



Neyda Gilman

Hello Biomedical and Life Sciences Community! I need to get out of the habit of calling us DBIO so I'm just going to start calling us BLiS for now until we as a community come up with something better. Or maybe CBIO? Hmmmmmm...

Since the last *Biofeedback* SLA's bylaw changes were approved, the first (that I know of?) SLA virtual conference was at the end of June, and some of us had additional disruptions to our jobs. I would wager that almost all of us have continued to need to adapt to the changing world around us. Some of that change is happening within SLA (such as the bylaws and divisions becoming communities, etc.). I am also hoping to make some updates to our community. For those that attended the business meeting, or watched the recording located [here in Connect](#), you may recall we briefly discussed updating our committees and volunteer positions. Layla, Peggy, and I began looking at this and have a draft of what we think our committees and volunteer positions could look like starting in 2021. (continued next page)



## President's Message continued

We invite you to look at the document, [located at https://bit.ly/3j4elcs](https://bit.ly/3j4elcs) and share your thoughts. The sharing rights on the document should allow you to make comments. You can make comments in this document margin or email me any of your thoughts. We are also interested in hearing your thoughts about terms being one or two years.

After looking at the document, you may notice that we have positions that need volunteers! If you see any positions you are interested in, let me know. We would definitely love to hear from you! We are hoping to have all the volunteer positions filled to start in 2021. If there is a position you are interested in and would like to start now, and continue through 2021, that would be great, too!

Specifically, we are hoping to have the Biofeedback Associate Editor position filled as soon as possible and the role would continue through at least all of 2021. This position would work with the Editor, Lori. Here is a description of the position:

The Associate Editor reaches out to DBIO membership four times each year to call for member news such as publications, promotions, presentations, awards, or completion of major projects. The Associate Editor proofreads and edits the information received into a standard bibliographic style and communicates with the member about finishing details and their position and then sends this compiled information to the Editor for use in *Biofeedback* for the Member News column.

I hope everyone is well, happy, and continuing to stay safe!

## Past President's Message



Peggy Murphy

Results from the 2020 DBIO Member Survey on *Biofeedback*:

Please note: Due to an error in formatting the survey, the list of respondents was not collected. For those who completed the survey, please send your name and email address to Peggy Murphy at [pegannmurph@gmail.com](mailto:pegannmurph@gmail.com) for a chance to win a \$25 Amazon gift card!

The *Biofeedback* survey was intended to gather information from DBIO members on their *Biofeedback* consumption habits, favorite columns, new topics to explore, and format. (continued on next page)

## Past President's Message continued

Here are the results:

Of the 12 respondents, 10 said that they read *Biofeedback* every time it's published.

The two most popular columns are the Chair's Message and Member News, followed by Conference Plans and Member Profile. Regarding topics of interest that may not be covered in *Biofeedback*, the top pick was Tips & Hacks from Members, followed by a tie between Technology Updates and Bio-Whaaaaat? The DBIO Cartoon. One respondent expressed interest in hearing about members' favorite webinars. The majority of respondents are happy with the current format (PDF published on the DBIO website) and frequency (4 times per year), with others enthusiastically recommending a change to blog format (thus potentially avoiding the need for a set publication date).

Thank you so much to our respondents. This gives the *Biofeedback* editors a great snapshot of ideas for future issues, format, and likes/dislikes.

We would love to hear from anyone interested in or already practicing the art of cartooning.

## Member News

Lori Bronars, Science Research Support Librarian—Life Sciences at Yale University, co-curated a media exhibit, "Women in Science and Engineering at Yale University 2020 Edition." Over 100 women from history or current faculty are featured. The exhibit is accessible online at <https://onlineexhibits.library.yale.edu/s/WISE/page/WISE>.

Donna Gibson, Director of Library Services, Memorial Sloan Kettering Cancer Center, reports that one of her staff members compiled a list of timely references, *Staying Active During the Pandemic* <https://library.mskcc.org/blog/2020/04/staying-active-during-the-pandemic>. She is also sharing her library's annual Library Report 2018-2019 <https://library.mskcc.org/blog/2020/05/check-on-what-weve-been-up-to/>.

Ramune Kubilius, Galter Health Sciences Library, Northwestern University, shared the news of the National Library of Medicine (NLM) launch of the National Institutes of Health (NIH) Preprint Pilot to increase discoverability of preprints included in the iSearch COVID-19 Portfolio Tool. This covers research funded by the NIH and available via PubMed Central and PubMed. The pilot will run for at least 12 months.

Peggy Murphy, Ann & Robert H. Lurie Children's Hospital of Chicago, shares the great news that she received the Judge's Staff Research Award for her presentation, "Lurie Children's Across the Globe: The Landscape of Publications Using VOSviewer," that took place at the 2020 Annual Research Scholar's Day event on May 13.

## New Member Spotlight



Adele M. Dobry

Adele M. Dobry is a Health Sciences Librarian at California State University Los Angeles and liaison to criminal justice, communication disorders, kinesiology, nursing, nutritional science, and public health. She loves helping students one-on-one or in small groups during research consultations. Outside of work, Adele enjoys taking her cat for walks and watching K-dramas with her husband. She really loves the Northern California coast and her favorite food is pumpkin waffles with peanut butter and syrup. Adele looks forward to collaborating with fellow health science librarians and to participating in new committees.



Leigh Milligan

Leigh works part-time at Magee Rehabilitation Hospital in Philadelphia as a librarian in the Resource Center. She really enjoys helping the hospital patients with  
(continued next page)

## New Member Spotlight continued

Leigh Milligan

library services as they rehabilitate from illness or injury; sometimes they are relearning how to use a computer and other times the patients get excited about checking out a book or movie and having the freedom to leave their room. Leigh has been a librarian for about 7 years. For a hobby, she and her husband have a side business where they sell video and pop culture-related art handmade by themselves. They also have a podcast where they chat about Saturday Morning Cartoons; it is called 8BitFusion. Leigh has started paddleboarding and enjoys reading, video games, running, exercising, camping, and more. Leigh reports that she “loves” New Orleans with its “great arts and culture” and finds it also “spooky.” She visited there thanks to a SLA Leadership Symposium. Her favorite food is Mexican, especially tacos. She recommends reading the book *John Dies At the End* by David Wong; it has also been made into a film. Leigh hopes to become a full-time medical librarian someday and hopes, as a member of the biomedical and life sciences community, to make connections to achieve her goals. She is particularly interested in webinars related to medical library topics. She is currently serving as the SLA Philadelphia Chapter President.

Book review of *The Future We Choose: Surviving the Climate Crisis* by Christiana Figueres and Tom Rivett-Carnac (Alfred A. Knopf, 2020)

Reviewer: Peggy Murphy

The book, written by the architects of the 2015 Paris Agreement, paints a stark picture of the most important issue faced by humanity, climate change. Two worlds are presented to begin the narrative: As the result of inaction and greed, the planet is consumed by deadly air pollution, extreme weather conditions, poisonous water and all the mortality – human, animal, plant – that goes with these unlivable realities. This scenario is accompanied by social unrest, government crackdowns, unreliable news and suicide. The second world is one in which the right steps were taken to mitigate climate change. Nations have joined together to halve emissions, and the world is on the right track to create a sustainable way of life. “Greening” is the dominant mindset: massive planting of trees, vegetable plots and flower gardens has resulted in cleaner air. Urban sprawl is a thing of the past, with much of humanity living in densely populated areas, where access to almost everything is a walk or bike ride away. Renewable sources of energy are the order of the day. Even better, people are living in relative harmony, knowing that the only way to sustain the planet is to work together.

By laying out these two worlds, Figueres and Rivett-Carnac are asking the question: Which of these do we choose? They describe the three mindsets that are critical to achieving the second world: Stubborn Optimism, Endless Abundance and Radical Regeneration. Stubborn Optimism doesn’t ignore reality, rather, it shifts our focus to a vision for the future in order to realize it, regardless of the challenges. Endless Abundance is the counterpoint to the perception of scarcity. The authors provide an example: (continued)

## Book review continued

The city of Tucson, Arizona, depleted the area's water table, killing the Santa Cruz River in the bargain. The fact is that Tucson had all the water it needed – the perception of scarcity was what led to this devastating eventuality. Endless Abundance means that we shift away from perceived scarcity to making abundant what we can. Finally, Radical Regeneration creates a regenerative mindset, whether that involves doing what we love at the end of a hard day or committing purposefully to act responsibly regarding what and how we consume.

The remainder of the book details ten actions that we all must take to achieve the goal of mitigating climate change. In brief, we need to tell a story that involves our commitment to saving the planet. Stories such as this have been used successfully by leaders to see the world through difficult times. They involve a combination of sacrifice for the common good and proud determination to overcome the challenge. At the conclusion of the book, each of us is asked to look carefully at our own lives and to find concrete actions we can take.

Written in a straightforward way with simple language, *The Future We Choose* is a compelling introduction to the climate crisis and a hands-on guidebook to addressing it. The authors do not minimize the difficulties of pursuing such an agenda, but they argue convincingly that it is the greatest responsibility of our time. I recommend this book to anyone who is interested in the topic – and that should include everyone.

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For a complete list of current board and committee members, see the community website at: <http://dbiosla.org/inside/officers/officers.html>.

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